

HOWELL COUNTY  
HEALTH DEPARTMENT

### MAY CALENDAR

WIC: 3, 4, 6, 10, 11, 12, 13,  
14, 17, 18, 19, 20, 21, 24,  
25, 27, 28,

Willow Springs WIC: 5

Mountain View WIC: 26

Family Planning: 4, 11, 19

Immunizations: 13, 18, 25

Food Handlers: 10, 24

Holiday's (closed): 7th  
Truman Day; 31st Memorial Day

### INSIDE THIS ISSUE:

Back to School Im-  
munizations 2

Countywide Rabies  
Clinic Schedule 2

Increase in Fruits &  
Veggies in WIC 2

Mission and Contact  
Info 3

HCHD Staff and Email 3

### Clinic Hours:

Monday-Friday 8-12 & 1-5,  
closed for lunch 12-1

### Administration Hours

Monday-Friday 8-5

# Monthly Monitor

VOLUME 225

MAY 2021

## The Importance of COVID-19 Vaccine by Chris Gilliam, Director

As of Friday, April 9<sup>th</sup>, 2021 phase 3 of the COVID-19 vaccination plan was activated for adult residents in Missouri. With the activation of phase 3, all adult Missouri residents are now eligible to receive COVID-19 vaccine. Howell County Health Department Director, Chris Gilliam states that he hopes Howell County residents will take advantage of the opportunity to be vaccinated, at no charge to the patient. Gilliam acknowledges that some are hesitant to get vaccinated at this time, preferring to take a wait and see approach. "I respect people might have hesitancy and acknowledge that it's okay to have questions about any new vaccine." Gilliam added that at this time tens of thousands of test trial subjects



and millions of U.S. citizens have now received COVID-19 vaccines. Current tracking of those vaccinated indicates that these are safe vaccines. The vast majority of those vaccinated experience minor, temporary side effects. A common concern expressed by some is that the vaccine was developed so quickly, short cuts must have been taken. Gilliam stated that many are unaware that our best medical and research professionals have been working for years on coronavirus vaccines for SARS and MERS. SARS and MERS are different than COVID-19 but belong to the coronavirus family. The

lessons learned in those developments were crucial in the rapid pace in which the COVID-19 vaccines were developed. Some may wonder, if most people recover from COVID-19, then why do I need a vaccine? COVID-19 is a deadly disease that causes severe illness – and in some cases, long term symptoms that we have yet to fully understand. The COVID-19 vaccines have been created to decrease death and severe illness, especially in those at increased risk of severe illness from COVID-19 or those who can't get vaccinated, like infants, or people with weakened immune systems from things like chemotherapy for cancer. When you make the choice to get vaccinated, you are protecting not only yourself but also those around you.

## COVID-19 Vaccinations

HCHD will schedule appointments in compliance with Missouri's COVID-19 Vaccination Plan, which can be found at [covidvaccine.mo.gov](https://covidvaccine.mo.gov), this is also where you need to go to register for

an appointment. In preparation for COVID-19 vaccinations please click here for the [COVID-19 Screening-COVID-19-Immunization \(word version\)](#) or [Screening-COVID-19-Immunization \(PDF ver-](#)

sion) consent form that you can fill out, print and bring with you once appointments are scheduled. If you have any trouble with these links you can find the forms on our website [www.howellcountyhealth.com](http://www.howellcountyhealth.com)



Schedule Now for Back to School Immunizations!

Please get your pets vaccinated for rabies at one of these reduced cost clinics.

Funding is allowing for more fruits and vegetables for each WIC participant.



## Back to School Immunizations by Kathy Doss, RN, DOM

With the 2020-2021 school year coming to a close, it is time to start thinking about back to school immunization requirements for 2021-2022. Children entering kindergarten, 8<sup>th</sup> grade, and 12<sup>th</sup> grade are required to have boosters of certain vaccines before attending school. A full list of required and recommended vaccines for your child can be found at the link below. [https://](https://health.mo.gov/living/wellness/immunizations/pdf/ImmunizationSchedule7-18.pdf)

[health.mo.gov/living/wellness/immunizations/pdf/ImmunizationSchedule7-18.pdf](https://health.mo.gov/living/wellness/immunizations/pdf/ImmunizationSchedule7-18.pdf)

The Howell County Health Department has multiple immunization clinics per month with additional clinics added in Summer months to accommodate for back to school immunizations. It is important that you call our office at (417) 256-7078 to schedule an appointment at your earliest convenience due

to limited space. Please remember that Willow Springs and Mountain View Satellite Clinics do not require an appointment but wait times may be longer than normal and you may be asked to wait in your vehicle if we are at maximum capacity in the building. Immunization clinic dates are posted here in the Monthly Monitor.

## Countywide Rabies Clinic Schedule

The Howell County Health Department will again be sponsoring a countywide rabies vaccination clinic on May 1<sup>st</sup>, where Howell County residents may receive reduced cost vaccinations for their pets.

Schedule and locations of West Plains-Kramer Animal Hospital- Monday- Friday April 26- April 30, 8:00-4:00 at clinic location. Saturday, May 1<sup>st</sup>, 8:00-2:00 at clinic location. **Animal Clinic of**

**West Plains-Saturday** May 1<sup>st</sup> 8:30-2:00 at clinic. **Mountain View - Mountain View Animal Clinic**, Time- 1-3, 417-934-2323. **Willow Springs - Willow Springs Animal Health Center**, Time- 9-11, 417-469-4138.

## Increase in Fruits & Veggies in WIC by April Bridges, WIC Nutritionist

What a great time to be a WIC participant! Temporary funding is allowing WIC to provide \$35 in fruits and vegetables to each participant. All children age 1-5, and all pregnant and post-partum women on the program

will receive this increased amount from June through September. The allowance can be spent on any fresh or frozen WIC approved fruit and vegetable item. This is a great time to stock up on some of those favorites. Participants

which have already been issued June and July benefits can return to the clinic to have the old amount removed and the increased amount added onto their card. To make an appointment, please call 417-256-7078 and ask for WIC!



## Howell County Health Department

180 S. Kentucky Ave  
West Plains, MO 65775

Phone: 417-256-7078

Fax: 417-256-1179

website: [www.howellcountyhealth.com](http://www.howellcountyhealth.com)

**Public Health: Prevent. Promote. Protect.**

The mission of the Howell County Health Department is to improve, promote and protect the health of Howell County through awareness, assessment, planning and assurance in order that our community may achieve their fullest health potential.



**Public Health**  
Prevent. Promote. Protect.

## Howell County Health Department Staff & Email

Administrator-Chris Gilliam, email: [chris.gilliam@lpha.mo.gov](mailto:chris.gilliam@lpha.mo.gov)

Assistant Admin, Vital Records Clerk-Kathy Parker, email: [kathy.parker@lpha.mo.gov](mailto:kathy.parker@lpha.mo.gov)

Financial Officer-Shelly Uphaus, email: [shelly.uphaus@lpha.mo.gov](mailto:shelly.uphaus@lpha.mo.gov)

Environmental Specialist-Justin Frazier, email: [justin.frazier@lpha.mo.gov](mailto:justin.frazier@lpha.mo.gov)

Health Educator-Dawn Hicks, email: [dawn.hicks@lpha.mo.gov](mailto:dawn.hicks@lpha.mo.gov)

Administration Receptionist-Kenzy Hudson, email: [kenzy.hudson@lpha.mo.gov](mailto:kenzy.hudson@lpha.mo.gov)

WIC Supervisor-Phyllis Crider, email: [phyllis.crider@lpha.mo.gov](mailto:phyllis.crider@lpha.mo.gov)

WIC Clerk-Sharon Owen, email: [sharon.owen@lpha.mo.gov](mailto:sharon.owen@lpha.mo.gov)

WIC Certifier, HPA & Clerk-Linda Lewis, email: [linda.lewis@lpha.mo.gov](mailto:linda.lewis@lpha.mo.gov)

WIC HPA-Candace Stockton, email: [candace.Stockton@lpha.mo.gov](mailto:candace.Stockton@lpha.mo.gov)

WIC Nutritionist-April Bridges, email: [april.bridges@lpha.mo.gov](mailto:april.bridges@lpha.mo.gov)

WIC Nurse Educator, email: [mary.moore@lpha.mo.gov](mailto:mary.moore@lpha.mo.gov)

WIC Breast Feeding Peer Counselor-email: [april.bridges@lpha.mo.gov](mailto:april.bridges@lpha.mo.gov)

Director of Nurses, Kathy Doss, email: [kathy.doss@lpha.mo.gov](mailto:kathy.doss@lpha.mo.gov)

Nurse-Vanessa Doss, email: [vanessa.doss@lpha.mo.gov](mailto:vanessa.doss@lpha.mo.gov)

Nurse-Jess McKee, email: [jessica.mckee@lpha.mo.gov](mailto:jessica.mckee@lpha.mo.gov)

Nurse-Katey Seiber, email: [katey.seiber@lpha.mo.gov](mailto:katey.seiber@lpha.mo.gov)

Nurse-Bev McDaniel, email: [beverly.mcdaniel@lpha.mo.gov](mailto:beverly.mcdaniel@lpha.mo.gov)

Front Desk Receptionist-Andi Schartz, email: [andi.schartz@lpha.mo.gov](mailto:andi.schartz@lpha.mo.gov)

