

HOWELL COUNTY
HEALTH DEPARTMENT

AUGUST CALENDAR

WIC: 2, 3, 5, 6, 9, 10, 11,
12, 13, 16, 17, 18, 19, 19,
20, 23, 24, 26, 27, 30, 31

Willow Springs WIC: 4

Mountain View WIC: 25

Family Planning: 3, 17, 18

Immunizations: 5, 10, 12,
24, 31

Covid-19 Vaccination Clin-
ics: 6, 13, 20, 27

Food Handlers: 9, 23

Holiday's (closed): None

**INSIDE THIS
ISSUE:**

Back to School Im-
munizations 2

COVID-19 Vaccination 2
Sites

Breastfeeding Aware-
ness Month 2

Mission and Contact 3
Info

HCHD Staff and Email 3

Clinic Hours:

Monday-Friday 8-12 & 1-5,
closed for lunch 12-1

Administration Hours

Monday-Friday 8-5

Monthly Monitor

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When You've Been Fully Vaccinated from www.edc.gov

If you are fully vaccinated, you can participate in many of the activities that you did before the pandemic. To maximize protection from the Delta variant and prevent possibly spreading it to others, wear a mask indoors in public if you are in an area of substantial or high transmission. Wearing a mask is most important if you have a weakened immune system or if, because of your age or an underlying medical condition, you are at increased risk for severe disease, or if someone in your household has a weakened immune system, is at increased risk for severe disease, or is unvaccinated. If this applies to you or your household, you might choose to wear a mask regardless of the level of transmission in your area. You should continue to wear a mask where required by laws, rules, regulations, or local guidance. Have You Been Fully Vaccinated? In general, people are considered fully vaccinated: 2 weeks after their second dose in a 2-dose series, such as the Pfizer or Moder-



na vaccines, or 2 weeks after a single-dose vaccine, such as Johnson & Johnson's Janssen vaccine. If you don't meet these requirements, regardless of your age, you are NOT fully vaccinated. Keep taking all precautions until you are fully vaccinated.

If you've been fully vaccinated: You can resume activities that you did prior to the pandemic. To reduce the risk of being infected with the Delta variant and possibly spreading it to others, wear a mask indoors in public if you are in an area of substantial or high transmission. You might choose to wear a mask regardless of the level of transmission if you have a weakened immune system or if, because of your age or an underlying medical condition, you are at increased risk for severe disease, or if a member of your household has a weakened immune system, is at increased risk for severe disease,

or is unvaccinated. If you travel in the United States, you do not need to get tested before or after travel or self-quarantine after travel.

What You Should Keep Doing: You should still watch out for symptoms of COVID-19, especially if you've been around someone who is sick. If you have symptoms of COVID-19, you should get tested and stay home and away from others. If your test is positive, isolate at home for 10 days. People who have a condition or are taking medications that weaken the immune system, should continue to take all precautions recommended for unvaccinated people until advised otherwise by their healthcare provider.

Howell County continues to be high in new cases and low in our vaccination rates. We encourage everyone to think of your community-friends, family, and neighbors and please get vaccinated. We need protect those children under age 12 who can't get vaccinated yet and those with compromised immune systems.

COVID-19 Vaccinations

HCHD will schedule appointments in compliance with Missouri's COVID-19 Vaccination Plan, which can be found at covidvaccine.mo.gov, this is also where you

need to go to register for an appointment. Registration is encouraged but not required.

Howell County Health Department is offering walk in no cost COVID-

19 Vaccination Clinics every Friday from 8-11 am and 1-4 pm. Moderna is the vaccine. No appointment is necessary. For more information please call 417-256-7078.



Besides HCHD there are several locations in Howell County to get a COVID-19 vaccination.

Let's support our breastfeeding mom's!



Back to School Immunizations by Beverly McDaniel, RN

August is here and we are gearing up for back to school. Besides buying all those school supplies, thinking of new schedules and meeting new teachers it's important to remember to schedule immunizations for your child. Immunizations are important in prevention of life-threatening diseases and keeping kids healthy. If your child is returning to

school as kindergartener, 8th grader or senior this year the school will need those updated records. This link will allow you to review vaccines your child will need and information about each one. Contact your doctor office or HCHD at 256-7078 to schedule an appointment. Birth-18 years: <https://www.cdc.gov/vaccines/schedules/hcp/imz/child-adolescent.html>. Adults may also need addi-

tional vaccines and boosters, you are encouraged to talk with your doctor or call us with questions. Provided is a link with vaccines for this age group. 19-65+ years: <https://www.cdc.gov/vaccines/schedules/hcp/imz/adult.html>

We hope all the student and teachers have an amazing school year.

COVID-19 Vaccination Sites from vaccines.gov

There are several other COVID-19 vaccination sites located in Howell County for you to go to get your COVID-19 vaccination.
In West Plains: Walgreen, Wal-Mart, Ozarks Healthcare, and CVS Pharmacy.

In Willow Springs: Walgreens and Lakeland Pharmacy.
In Mountain View: Walgreens and Wal-Mart.

You will need to call before you go to one of these locations for their hours, times they do vaccinations

and if they have the vaccine in stock. With multiple locations available everyone who wants the vaccine should be able to get one. For more locations go to [vaccines.gov](https://www.vaccines.gov)

Breast Feeding Awareness Month by April Bridges, WIC Nutritionist

August is recognized as National Breastfeeding Awareness Month. Here at the Howell County Health Department, WIC usually celebrates each year by hosting an event to support our breastfeeding clients. There will

be no live event in 2021 again due to the COVID-19 pandemic. We will celebrate by showcasing some of our breastfeeding mothers and babies on our Facebook page. WIC is still open, providing breastfeeding educa-

tion to prenatal clients and support to nursing mothers - through clinic visits and by phone. Clients can call the Health Department at 417-256-7078 or call/text 293-3413 with questions or concerns.



Howell County Health Department

180 S. Kentucky Ave
West Plains, MO 65775

Phone: 417-256-7078

Fax: 417-256-1179

website: www.howellcountyhealth.com

Public Health: Prevent. Promote. Protect.

The mission of the Howell County Health Department is to improve, promote and protect the health of Howell County through awareness, assessment, planning and assurance in order that our community may achieve their fullest health potential.



Public Health
Prevent. Promote. Protect.

Howell County Health Department Staff & Email

Administrator-Chris Gilliam, email: chris.gilliam@lpha.mo.gov

Assistant Admin, Vital Records Clerk-Kathy Parker, email: kathy.parker@lpha.mo.gov

Financial Officer-Shelly Uphaus, email: shelly.uphaus@lpha.mo.gov

Environmental Specialist-Justin Frazier, email: justin.frazier@lpha.mo.gov

Health Educator-Dawn Hicks, email: dawn.hicks@lpha.mo.gov

Administration Receptionist-Sheila Roberts, email: sheila.roberts@lpha.mo.gov

WIC Supervisor-Phyllis Crider, email: phyllis.crider@lpha.mo.gov

WIC Clerk-Sharon Owen, email: sharon.owen@lpha.mo.gov

WIC Certifier, HPA & Clerk-Linda Lewis, email: linda.lewis@lpha.mo.gov

WIC HPA-Candace Stockton, email: candace.Stockton@lpha.mo.gov

WIC Nutritionist-April Bridges, email: april.bridges@lpha.mo.gov

WIC Nurse Educator, email: mary.moore@lpha.mo.gov

WIC Breast Feeding Peer Counselor-Candra Weckworth: candra.weckwerth@lpha.mo.gov

Director of Nurses, Kathy Doss, email: kathy.doss@lpha.mo.gov

Nurse-Vanessa Doss, email: vanessa.doss@lpha.mo.gov

Nurse-Jess McKee, email: jessica.mckee@lpha.mo.gov

Nurse-Katey Seiber, email: katey.seiber@lpha.mo.gov

Nurse-Bev McDaniel, email: beverly.mcdaniel@lpha.mo.gov

Front Desk Receptionist-Andi Schartz, email: andi.schartz@lpha.mo.gov