

HOWELL COUNTY  
HEALTH DEPARTMENT

OCTOBER CALENDAR

WIC: 2, 3, 5, 10, 11, 12, 13,  
16, 17, 18, 19, 20, 23, 25,  
26, 27, 30, 31

Willow Springs WIC: 4

Mountain View WIC: 24

Family Planning: 5, 18, 26

Immunizations: 3, 10, 17

Covid-19 Vaccination Clin-  
ics: West Plains-4, 11, 18,  
25 (from 9am-4 pm). Wil-  
low Springs-4 and Moun-  
tain View-24 at our satel-  
lite WIC clinics.

Food Handlers: 2

Holiday's (closed): Colum-  
bus Day-9

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Clinic Hours:

Monday-Friday 8-12 & 1-5,  
closed for lunch 12-1

Administration Hours

Monday-Friday 8-5

# Monthly Monitor

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OCTOBER 2023

## Annual Flu Vaccination Clinics from Beverly McDaniel, RN

Have you gotten your flu shot yet? It's that time of year to discuss the importance of getting your flu shot.

CDC recommends getting the flu shot by the end of October to give you the best protection throughout this flu season.

Why do we need to get the flu shot? Flu vaccinations are important to prevent illness, medical visits, lengthy hospital stays and even death. It protects high risk populations for maybe getting a severe illness and healthy individuals from passing it to the at risk groups. Pregnant women are passing that protection on to baby when they get the flu vaccination while pregnant.

Studies show that flu vaccine may decrease severity of illness if you do get the flu.

Are flu shots safe? Millions of people have received flu vaccines for years dating back into the 1940's. CDC and FDA

have ongoing research for safety and effectiveness of flu vaccines. Most common side effects reported are sore arm, muscle aches, headaches, and fever. These side effects usually subside on own in couple days after receiving shot and generally mild.

Where can I get my flu shot? Flu vaccinations are available at pharmacies, some doctor offices and of course at health departments. Come see us at our drive thru on October 6<sup>th</sup> or call for an appointment to get your flu shot.

Howell County Health Department will offer the following flu vaccination clinics at no cost to patients.

### West Plains Flu Clinic:

This will be a drive thru clinic this year.

**Where:** Our office, 180 S. Kentucky Ave, West Plains.

**When:** Friday October 6, 8:30 am-5 pm for adults and children 10 and older.

**A separate clinic for children 9 and younger will be held by appointment on Friday, October 20. Call to schedule your appointment at 417-256-7078..**

### Mountain View Flu Clinic:

**When:** Tuesday, October 23

**Where:** MV Christian Church

**Time:** 9 am-12 noon

### Willow Springs Flu Clinic:

**When:** Tuesday, October 23

**Where:** Methodist Church

**Time:** 1:30 pm-4:30 pm

To save time print and fill out the Flu Consent form on our website at:

[www.howellcountyhealth.com](http://www.howellcountyhealth.com)





Lodging facilities are inspected annually.

Become a Nationally Certified Child Passenger Safety Technician.

Come out in your costume and ride your trike or bike on October 25.



## Lodging Inspections from Justin Frazier, EPHS

Whether for business or pleasure, thousands of people travel throughout Missouri each year. Many of these trips require overnight or extended stays away from the comforts of home at lodging facilities. Along with food service and Daycare Inspections, the Howell County Health Department also performs annual and complaint lodging inspections.

Each establishment is inspected and is re-

quired to obtain a state-issued lodging license annually. All lodging facilities are inspected with a focus on public health and safety. The lodging facilities are regulated under a rule that addresses: drinking water supplies, sewage or wastewater treatment, life safety, fire safety, electrical wiring, fuel-burning appliances, plumbing, food safety, and swimming pools and spas.

Anyone operating a facility that is a building or group of buildings where five or

more guest rooms are provided, which is held out to the public for hire which can be construed to be a hotel, motel, resort, cabins, or other similar place would be operating a lodging establishment and would need a license. For information of lodging inspections or to file a complaint, contact the Howell County Health Department, Environmental Services Section.

## Child Passenger Safety Technician Class

Howell County Health Department is hosting a nationally certified Child Passenger Safety Technician class October 31st-November 3rd.

This class will be held at the West Plains Fire Department at 1901 Kissinger Drive. This

course is 3.5 days of instruction plus hands-on application. Once you have completed the class and have a certified CPS tech on staff you can register to become an inspection station and be eligible to receive free car seats through MODOOT.

The class fee of \$95 can be reimbursed after completion of the class. Post credit hours are available to law enforcement.

Attendees must pre-register before the class at [cert.safekids.org](http://cert.safekids.org). For more information please call our office at 417-256-7078.

## TRIKE N TREAT from April Bridges, WIC Nutritionist

WIC will be holding its second annual Tricycle event this year on October 25<sup>th</sup>. Held at the Carmichael field, we plan to have all the emergency vehicles there for the kids to view. We encourage all who attend to dress up in

their costumes, bring their tricycles and ride past all the booths to collect treats. Several representatives from local resources will be there with information to share. WIC aged participants will receive a

free helmet. Join us for lots of fun at the TRIKE N TREAT at the Carmichael field, October 25<sup>th</sup> 3-6 pm!



## Howell County Health Department

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**Public Health: Prevent. Promote. Protect.**

The mission of the Howell County Health Department is to improve, promote and protect the health of Howell County through awareness, assessment, planning and assurance in order that our community may achieve their fullest health potential.



**Public Health**  
Prevent. Promote. Protect.

## Howell County Health Department Staff & Email

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